



# ON MISSION MARTIAL ARTS

East Orlando

## SCHEDULE OF CLASSES

(Effective 06-15-2014)

### OMMA Main Dojo - Alafaya Village:

2822 S. Alafaya Trail, Suite #170-180, Orlando, FL 32828

(407) 207-8484 \* [www.onmissionmartialarts.org](http://www.onmissionmartialarts.org)

Monday	3:30 – 4:15PM	Early Class/Homeschool Class (all students)
Monday	4:15 – 4:45PM	PRE-Karate Class (3-6 years)
Monday	4:45 – 5:30PM	Beginner Young Warriors (7-12 yrs, White-Orange Belt)
Monday	5:30 – 6:15PM	Intermediate Young Warriors (7-12 yrs, Purple Belt+)
Monday	6:15 – 7:15PM	Beginner Adult Class (White-Orange Belt)
Monday	7:15 - 8:15PM	Intermediate Adult Class (Purple Belt+)
Tuesday	3:30 – 4:15PM	Early Class/Homeschool Class (all students)
Tuesday	4:15 – 4:45PM	PRE-Karate Class (3-6 years)
Tuesday	4:45 – 5:30PM	Beginner Young Warriors (7-12 yrs, White-Orange Belt)
Tuesday	5:30 – 6:15PM	Intermediate Young Warriors (7-12 yrs, Purple Belt+)
Tuesday	6:15 – 7:15PM	WOMEN'S Fitness & Self-Defense Class (Ladies age 14+)
Tuesday	6:15 – 7:15PM	Beginner Adult Class (White-Orange Belt)
Tuesday	7:15 - 8:15PM	Intermediate Adult Class (Purple Belt+)
Wednesday	3:30 – 4:15PM	Early Class/Homeschool Class (all students)
Wednesday	4:45 – 5:30PM	Young Warriors (7-12 yrs, all ranks)
Thursday	3:30 – 4:15PM	Early Class/Homeschool Class (all students)
Thursday	4:15 – 4:45PM	PRE-Karate Class (3-6 years)
Thursday	4:45 – 5:30PM	Beginner Young Warriors (7-12 yrs, White-Orange Belt)
Thursday	5:30 – 6:15PM	Intermediate Young Warriors (7-12 yrs, Purple Belt+)
Thursday	6:15 – 7:15PM	Beginner Adult Class (White-Orange Belt)
Thursday	7:15 - 8:15PM	Intermediate Adult Class (Purple Belt+)
Friday	4:45 – 5:30PM	Young Warriors (7-12 yrs, all ranks)
Friday	5:30 – 6:15PM	Weapons Class (7-12 yrs, Purple Belt+)
Friday	6:30 - Closing	Specialized Class (Instructor Academy, Belt Testing, Demo Team)
Saturday	9:00 – 10:00AM	Adult Class (all ranks)
Saturday	10:00 – 10:45AM	Young Warriors (7-12 yrs, all ranks)

Higher ranks are always welcome to attend a beginner class, but beginners cannot attend the Intermediate classes until achieving the Purple Belt rank.

Please contact Senior Instructor Marco Fiorentino at (407) 207-8484 or email: [marco@onmissionma.org](mailto:marco@onmissionma.org) with any questions about the schedule, or to come visit a class for a free trial.