

YELLOW BELT MASTERY

Front Position

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| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Fighting Stance

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| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Front Two-Knuckle Punch

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| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Defensive Maneuver #6

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| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Half-mooning forward

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| 1. | 4. |
| 2. | 5. |
| 3. | 6. |

Kempo A

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| 1. | 4. |
| 2. | 5. |
| 3. | 6. |