



ON MISSION MARTIAL ARTS SCHEDULE OF CLASSES

(Effective 1/1/25)

OMMA Zion Dojo:

Meadow Ridge Baptist Church, 4500 Hwy. 173, Zion, IL 60099
(708) 571-4849 * www.onmissionmartialarts.org

Tuesday:	5:15-6:00 PM	Young Warriors (ages 7-12)
	6:05-7:00 PM	Weapon Class (ages 13+)
	7:05-8:00 PM	Adult/Teen (ages 13+)
Wednesday:	11:15AM-12PM	Young Warriors (ages 7-12, meets Sept-May)
	5:00-5:30 PM	Pre-Karate (ages 4-6)
	5:35-6:20 PM	Seniors (ages 50+)
Thursday:	5:15-6:00 PM	Young Warriors (ages 7-12, all ranks)
	6:05-7:30 PM	Adult/Teen (ages 13+, all ranks)
Friday:	5:00-5:50 PM	Seniors (ages 50 & up)
Saturday:	9:00-10:00 AM	Adult/Teen (ages 13+)
	10:05-10:50 AM	Young Warriors (ages 7-12)
	11:00-11:30 AM	Pre-Karate (ages 4-6)

Please contact On Mission Martial Arts at (708) 571-4849, visit our website at OnMissionMartialArts.Org, or email william@onmissionma.org with any questions or to schedule a free trial.